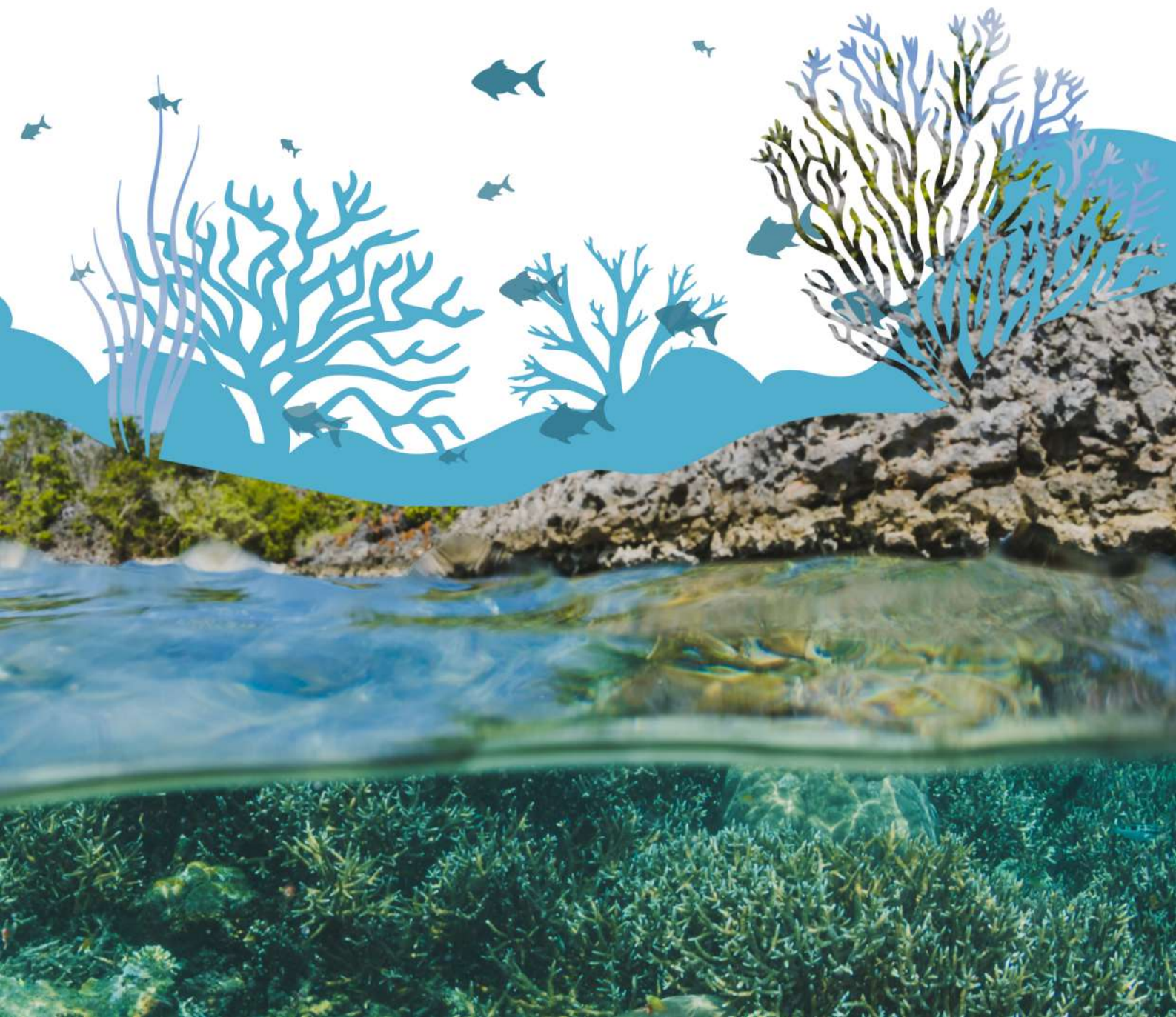


ENCHANTING NATURE OF PANWA

*Discover a life in abundance venture
only at Pullman Phuket Panwa Beach Resort*



THING YOU NEED TO KNOW

Before Starting the Tour...



SEA TIDE TABLE: the marine life tour is only available at low tide.



SECURE YOUR PHONE: to prevent it from falling into the sea.



WEAR SHOES: when walking through the nature trail to protect your feet from sharp shells and other potentially harmful objects.



SNAP AND CAPTURE THE MOMENT: We recommend not rushing to take photos when you encounter animals, as some fish may become startled if you get too close. Please wait for a while until the animal remains still.



AVOID STEPPING ON CORAL: coral is very fragile and takes a long time to grow. Stepping on it can result in breakage, death, and potential injury to your feet.



DO NOT FEED MARINE LIFE: touching marine animals can cause them stress and transmit diseases. It can also remove their protective coatings.



AVOID TOUCHING & COLLECTING: feeding fish can lead to them becoming reliant on humans as a food source. Additionally, it can contribute to algae smothering on corals, as fish eat less algae.

NOTE: By law, coral, whether dead or alive, is considered a protected species and cannot be claimed as private property.



DO NOT LITTER IN THE SEA: Marine life, such as turtles, may mistakenly ingest plastic, thinking it's food. Plastic bags can also get trapped on coral. Leftover food thrown into the sea can lead to a decline in water quality.

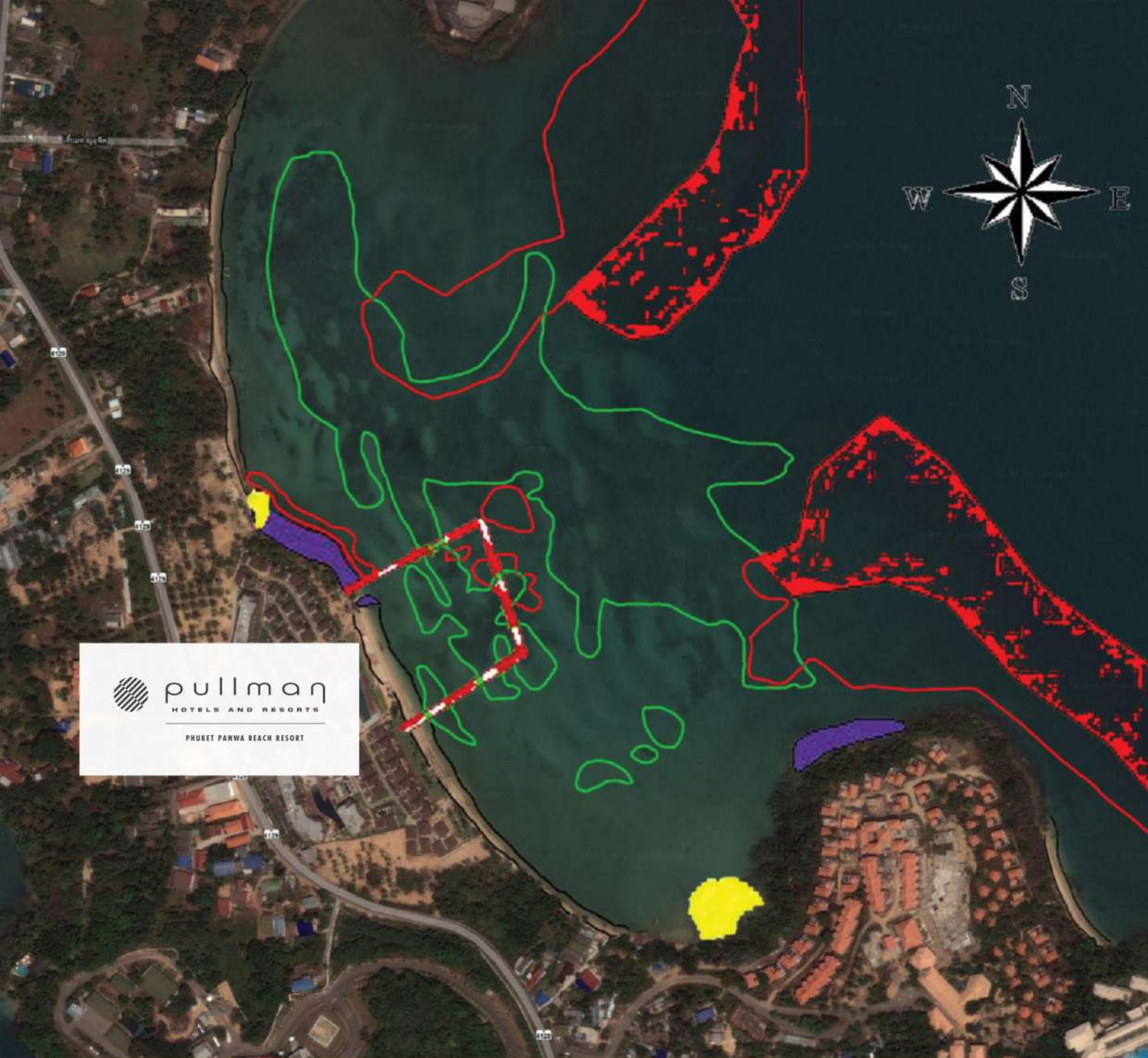
EXPLORING THE STORY OF MARINE LIFE



Pullman Phuket Panwa Beach Resort, a beacon of sustainability resort in Phuket, where is the eco-conscious adventures come to life. Walk into the crystal-clear waters to witness the vibrant coral gardens teeming with life guided by the lifestyle team to explore the underwater wonders while keeping your head dry.

The resort's commitment to marine conservation is evident, from coral protection to wildlife preservation. Every tour is a journey of discovery and a testament to Pullman's dedication to preserving Phuket's natural beauty for generations to come.

Because Pullman Panwa Beach is a signature, unspoiled beach for nature exploration in Phuket located in Ao Makham.



THE COASTAL RESOURCE MAP



Bouy Fencing



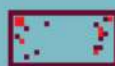
Mangrove



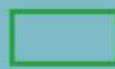
Rocky shore



Back reef flat



Front reef flat



Sea grass bed

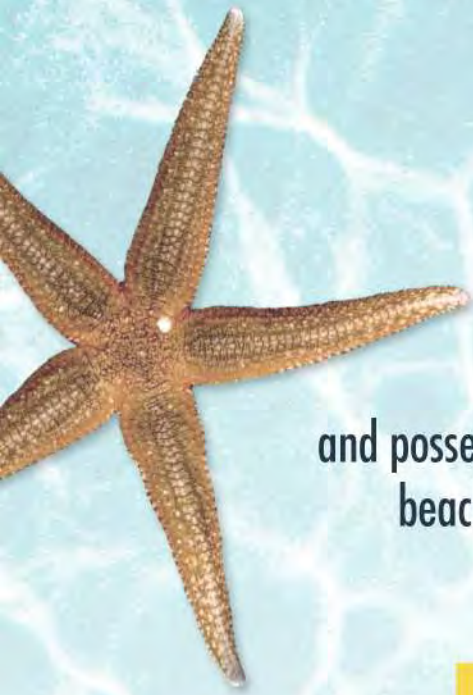


Sand beach



Mud sand beach

THE MOST POPULAR MARINE LIFE



Starfish or Sea Stars

They are among the most familiar of marine animals and possess a number of widely known traits. With the abundance in our beachfront area, you will most often find these two types of starfish

- Knobby Sea Stars (Family Oreasteridae)
- Sand Sea Star (Family Astropectinidae)

Fish

At least 230 species of fish are currently documented in seagrass beds along the west coast of Thailand. Some of these fish remain in tidal pools or hide within crevices and alcoves of the rocks during low tide.

- Black Spot Moray Eel
- Loin Fish
- Sting Ray
- Eel Catfishes



Hermit Crab

Hermit Crabs are found worldwide and inhabit sandy or muddy bottoms in marine waters, and occasionally venture onto land. There are two main types of hermit crabs and you will discover here:

- Hermit crabs, such as the Yellow-spotted, Gray hermit, and White-spotted hermit crabs.
- The Land Hermit crabs, including the Small Land and Purple Land hermit crabs.



AN IMPORTANT MARINE LIFE AT PULLMAN PANWA

Seagrass

- Seagrasses are the only flowering plants adapted to grow submerged in the sea.
- The underground stems and roots of seagrass form a mat that stabilizes the seabed, providing a habitat for numerous burrowing creatures.
- Due to its role in fostering abundance, Pullman Phuket Panwa has initiated a Seagrass planting project to help maintain the natural balance of the sea.



AN IMPORTANT MARINE LIFE AT PULLMAN PANWA

Bamboo Shark

The bamboo shark is a small benthic shark species native to the Gulf of Thailand. Their presence in shallow reefs is significant as they help keep the fragile ecosystem in perfect balance. They feed on invertebrates like crabs and small fish on the reef. They pose absolutely no threat to humans.

The idea was initiated in 2022 when OFA decided to collaborate with Pullman Phuket Panwa Beach Resort to help preserve the balance of Phuket's ecosystem by hatching Bamboo Shark eggs in a protected environment. The new nursery gives the sharks a size advantage that helps maintain their survival ratio after being released back into the ocean when they turn six months old.





“Protection and Conservation of Oceans’ Ecosystems”



Long-term Sustainability, a commitment to ensure that future generations can enjoy the beauty of Phuket's waters and natural surroundings.



Responsible Tourism, to promote responsible and ethical tourism that respects the natural beauty of the area.



Eco-Education, to educate guests and staffs about the importance of ocean conservation and environmental stewardship.



Biodiversity Protection, safeguarding the rich biodiversity found in the waters around the resort.

PULLMAN PHUKET PANWA BEACH RESORT

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